

The Andrew Connection

DECEMBER 2008

HAPPY HOLIDAYS FROM ANDREW RESIDENCE!



Our New Parking Lot!

Andrew could no longer leave the front gravel parking lot as it was, due to an anonymous complaint to the city. We thus renovated the parking lot according to the City of Minneapolis regulations this fall. The added landscaping is part of the City's requirement for the renovation. Nationwide Health Properties (NHP), the owner of Andrew's building, paid 90% of the cost of this project and Andrew paid 10%. The portion Andrew paid comes out of funds negotiated with NHP specifically for capital projects (improvement to building and grounds); funds for capital projects do not have a bearing on resident services or staff raises. We now have a **rain garden** - a planted depression in the ground that is designed to absorb rainwater runoff from urban areas like roofs, driveways, walkways and compacted lawn areas. Our rain garden will also get runoff from the parking lot. This allows rainwater to soak into the ground (as opposed to flowing into storm drains and

surface waters which causes erosion, water pollution, flooding and diminished groundwater). Rain gardens can cut down on the amount of pollution reaching creeks and streams by up to 30%.

We can expect many lovely blooms, especially in the rain garden area, next spring.

TV Converter Boxes

Over 30% of our residents have televisions in their rooms. All of their TV's will need converter boxes by mid-February when television transmission signals change from analog to digital. Andrew Residence has applied for a \$40 converter box coupon for each of these residents. This \$40 coupon will NOT cover the entire cost of what is typically a \$55 converter box. We are helping residents budget their money so they are able to purchase a converter box. We want you to be aware of this upcoming change in case your loved one has a television at Andrew.

Please come to our Family and Friends Program!

*The third Thursday of each month
unless otherwise indicated
Each presentation will begin at 7:00pm.

***3rd Wednesday, 12/17** - Dr. Robert Baumer, MD,

Current Research and Findings on Mental
Illnesses

Thursday, 1/15 - Open Discussion: Participant topics of choice

Thursday, 2/19 - Stephanie Hausker, Andrew RN: *Diabetes*

The Andrew Connection is printed quarterly by Andrew Residence as a service to the family and friends of our residents!

A Message from Our Executive Director, Karen Foy

Dear Family and Friends,

As our 35th Anniversary year draws to a close I am reminded of literally thousands of residents whose lives we have changed and the hundreds of staff who have honored us with their service over the years. Thank you for entrusting your loved one to our care.

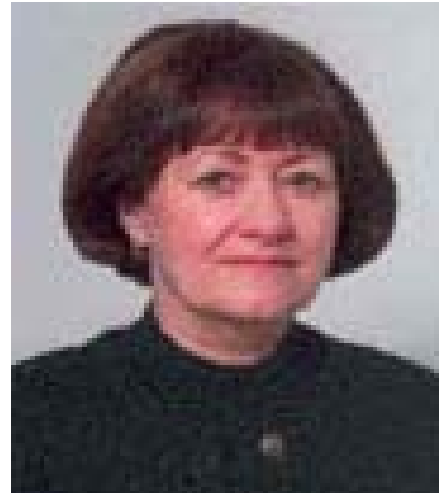
It was nice to see so many of our residents exercise their right to vote on November 4th. Our staff did a great job of hosting presidential debate viewing and offered assistance getting to our polling location, two blocks away. "Get Out the Vote!" was the theme of the day!

We are proud of our continued Joint Commission Accreditation (see back page). As always, we hope you will work with our staff about any safety or quality of care concerns that you have. If you have unresolved issues you wish to discuss with The Joint Commission, you may phone the Joint Commission Complaint Line at 1-800-994-6610 or email complaint@jointcommission.org.

Flu season approaches! A large percentage of our residents and staff have received the flu vaccine. Please encourage your loved one to get one. And, a gentle reminder that we encourage our visitors – that's you! – to also protect yourself from the flu by getting a flu shot.

Our quarterly Family and Friends Dinner for the holidays will be Sunday, December 14th, 11:30am - 1:00pm, as usual. We hope to see you there. And, when you get your 2009 calendar, you can write in our upcoming Family and Friends Dinner on Sunday, March 22nd.

Happy Holidays to you and yours.



Karen M. Foy

Did you know??

Spiritual care is an important aspect of our service to residents, who come from a variety of religions and faith traditions. We help those who want to attend services get to a place of worship. A resident's minister, rabbi or other religious advisor is welcome to visit. Each Wednesday evening, Chaplain Amy Luukkonen has a Spiritual Care Group. She is available to meet with residents privately, as well. Hymn singing groups are popular here. Catholic Communion is offered the first Tuesday of each month. A bus from St. Olaf Catholic Church transports interested residents to Mass on Saturday afternoons. Enjoying faith traditions is comforting to many residents, and an important part of their recovery.

Andrew Residence Family Services

Treatment Planning Meetings

We consider you an important part of the treatment team. Every three months each resident participates in a meeting to review progress of the last quarter and to plan for the next. If your family member gives permission for you to attend, we would welcome your participation in these meetings. Please talk to your family member or staff on his/her floor for more information.

Family & Friends Dinners

These fun quarterly Sunday events, from ***11:30AM-1:00PM***, are a time for each resident to invite friends and family to share a delicious meal at Andrew. The next Family and Friends Dinners are Sunday, **December 14th and March 22, 2009.**

Family Contacts

Two family members serve on our Advisory Board and they welcome you to contact them if you would like a family perspective: Helen K. (952-884-1690) or Nikki E. (952-933-5320).

Family Council

Although we have an active Community Council in which residents are involved, we do not have a Family Council at this time. Please contact Hilary Greene at (612) 333-0111 if you are interested in starting one.

Education and Support

We recommend the following organizations to you for support groups, educational programs, and advocacy:

NAMI-MN (National Alliance On Mental Illness - Minnesota)

Phone: 651-645-2948
Toll Free: 1-888-473-0237
website: www.namimn.org

Mental Health Association of Minnesota

Phone: 612-331-6840
Toll Free: 1-800-862-1799
website: www.mentalhealthmn.org

Floor Program Directors

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3rd Nicole Moore

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4th Maisie Fossie

MKP@andrewres.com

5th Rita Grev

RLG@andrewres.com

Resident Floor Phone Numbers

2nd	612-333-1148
3rd	612-333-1232
4th	612-333-1364
5th	612-333-1442



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We're On The Web!
www.andrewresidence.com

The Mission of Andrew Residence is to promote compassion and respect in a therapeutic residential community where quality mental and physical health services are provided.

BEHAVIORAL HEALTH CARE ACCREDITATION BY
THE JOINT COMMISSION!



Joint Commission accreditation is recognized nationwide as a "symbol of quality" for healthcare providers. To earn and maintain accreditation, Andrew Residence undergoes extensive on-site, unannounced surveys at least once every three years – we just successfully completed another survey in November! These surveys evaluate our performance in areas that affect our quality of care. We are expected to maintain compliance with Joint Commission standards at all times. By voluntarily seeking Joint Commission accreditation, we challenge ourselves to continuously improve our services and hold ourselves to a nationally recognized standard. We are proud to have achieved continuous Behavioral Health Care Accreditation by the Joint Commission since 1999.