

Our Community Council Board



Back row: Mary, Laura, Kenneth, Lenard, Gero, Joyce
Front row: Jim, Tom, Mary
Not pictured: Donna, Rick, David

The Community Council Board is a vital part of our Andrew Residence community. The Board, comprised of twelve elected residents (three from each floor), meets twice monthly. The Mission of the Board is "... to be respectful, caring and receptive to the needs and desires of all those we represent. As advocates and role models, we use the democratic process to facilitate positive changes and improve the quality of life at Andrew Residence". It's quite a mission, which they achieve well! The Board makes decisions after respectful discussion, ensuring that opinions of all members are considered. Three staff act as liaisons to the Board.

Communication is an important part of each Board Member's role. They attend monthly floor meetings and share news, questions and suggestions between residents on their floor and the Board. Board members usually wear nametags identifying themselves to other residents as leaders who are available to help. They often help new residents get oriented to Andrew.

The Andrew Connection is printed quarterly by Andrew Residence as a service to the family and friends of our residents!

Community Council coordinates a number of activities and programs such as "Resident of the Month", Coffee Shop, celebration of resident birthdays, special events and important community-building activities including monthly Resident Community Gatherings.

The Community Council income relies primarily on the can recycling efforts of residents, staff and visitors. In this financial climate, the profit from recycled aluminum has been reduced. Despite that, we currently have about \$5000 in the treasury! Board members are careful with expenditures, all of which positively impact the quality of life at Andrew Residence. These have recently included paying for performers, door prizes, decorations for parties, supplies for the resident computers, flowers for the patio and supplies for the coffee shop. Typically about half of the Community Council funds each year supports gift cards for residents at the holidays. Combined with funds Andrew Residence provides, this donation enables each resident to receive this special holiday gift.

Please thank a Board member when you see one!!

Please come to our Family and Friends Program!

The third Thursday of each month.

Each presentation will begin at 7:00pm

Upcoming Family Group Speakers/Topics:

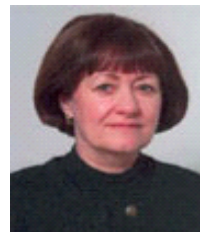
- September 17: Emily Barrett, *Andrew Social Worker* / Mental Illness and Family Dynamics
- October 15: Michelle Akkerman, *Augustana Care Home Social Worker* / Dementia and Mental Illness
- November 19: Caitlin Powers, *Andrew Social Worker* / Advocacy for Persons with Mental Illness
- December 17: Mary Heim, *Andrew Social Worker* / Brain Trauma and Mental Illness

A Message from Our Executive Director, Karen Foy

Dear Family and Friends,

Welcome to Fall! It's amazing how quickly the year is moving along. As you may recall, we did not have a Summer Family and Friends Dinner. Be sure to mark your calendar for our next two dinners, both on Sundays: September 13th and December 6th.

It's time for our Family and Friends Survey. Please return the enclosed survey by dropping it off at the Front Desk, or mailing it in to us. We value your opinion.



Karen M. Foy

We are "holding our own" financially at Andrew. A 2.58% budget cut was effective July 1st. Some cost saving measures include using some less expensive vendors while still retaining good quality; significantly reduced overtime costs; not filling some staff positions; reducing staff hours and we will not fund the staff 401K Retirement plan this year. Staff compensation has been flat or declining. It is obvious that our staff are bearing the burden of this difficult financial time. Please thank them for their dedication!

As always, I remain proud of our staff who give generously to our residents as well as to our larger community. Many staff donated blood during our early September blood drive; we are in the midst of our annual United Way Campaign and a group of staff will be doing the NAMI Walk on September 26th (see more on page 4).

Sadly, we have all noticed the burned and boarded up green house next door to Andrew. We are working with the City of Minneapolis to ensure the area around this house remains safe for neighbors (including our residents!). It is our understanding that this house will be removed soon.

One of many ways our residents offer skills and leadership at Andrew is by volunteering to facilitate several resident groups. Of course, a staff liaison assists as needed. These groups are proudly run by residents: Coffee Shop, TV Wrestling, Hymn Singing, Reading Room, Informational Video, Record Spin, Pokeno and Bingo!

Our website, www.andrewresidence.com, has a wealth of information about Andrew, including the menus and the monthly calendar of groups offered. Our talented staff offers over 50 groups each week.

I hope to see you soon – stop by my office to say "hello" when you are at Andrew!

Did you know?? We have Interns at Andrew??

Frequently we have the opportunity to host eager, talented interns here at Andrew Residence. These college seniors are completing an unpaid experiential learning requirement – often for hundreds of hours. Interns provide direct service to residents and are closely supervised by our Program Directors. This past summer we had interns on our Social Work and Therapeutic Recreation Teams. Hosting interns is a "win-win" situation for everyone: residents receive extra service, interns learn about mental illness and staffs have a chance to share their knowledge. Occasionally, interns join our staff team. In fact, 4 of our last 5 interns have done so!

Andrew Residence Family Services

Treatment Planning Meetings

We consider you an important part of the treatment team. Every three months each resident participates in a meeting to review progress of the last quarter and to plan for the next. If your family member gives permission for you to attend, we would welcome your participation in these meetings. Please talk to your family member or staff on his/her floor for more information.

Family & Friends Dinners

Please come September 13th and December 6th. These fun events, from 11:30am – 1:00pm are a time for each resident to invite friends and family to share a delicious meal at Andrew. Each resident can host 2 guests free. Additional guest meals are \$10 for adults and \$5 for children 12 and under.

Family Contacts

Two family members serve on our Advisory Board and they welcome you to contact them if you would like a family perspective: Helen K. (952-884-1690) or Nikki E. (952-933-5320).

Family Council

Although we have an active Community Council in which residents are involved (see page 1), we do not have a Family Council at this time. Please contact Hilary Greene at (612) 333-0111 if you are interested in starting one.

Education and Support

We recommend the following organizations to you for support groups, educational programs, and advocacy:

NAMI-MN
(National Alliance On Mental
Illness - Minnesota)

Phone: 651-645-2948

Toll Free: 1-888-473-0237

website: www.namimn.org

Mental Health Association of
Minnesota

Phone: 612-331-6840

Toll Free: 1-800-862-1799

website: www.mentalhealthmn.org

<u>Floor</u>	<u>Program Director</u>
2nd	Katie Shaughnessy kls@andrewres.com
3rd	Nicole Moore nas@andrewres.com
4th	Maisie Fossie mkp@andrewres.com
5th	Rita Grev rlg@andrewres.com

Resident Floor Phone Numbers

2nd	612-333-1148
3rd	612-333-1232
4th	612-333-1364
5th	612-333-1442



1215 S 9th Street
Minneapolis, MN 55404

Phone: 612-333-0111
Fax: 612-338-1734

Email: info@andrewres.com

www.andrewresidence.com

**The Mission of
Andrew Residence
is to promote
compassion and
respect in a
therapeutic residential
community where
quality mental and
physical health
services are provided.**

ANDREW RESIDENCE NAMI WALK TEAM!

Join other Andrew residents, staff, family and friends the afternoon of Saturday, September 26th for the annual NAMI Walk! Over 2000 walkers are expected for this 5K Walk (a little over 3 miles) at Minnehaha Park.

You can raise funds for NAMI or just walk to show support.

Pick up a brochure at Andrew or you can access our ANDREW RESIDENCE TEAM at www.nami.org/namiwalks09/MIN/AndrewResidence.

Please contact our Andrew Residence Team Captain, 4th Floor Program Director, Maisie Fossie, with any questions. The National Alliance on Mental Illness (NAMI) of Minnesota is a non-profit organization dedicated to improving the lives of adults and children with mental illness and their families. NAMI Minnesota offers education, support and advocacy. NAMI Minnesota vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.

