







Salad-to-Go Options Available Monday through Friday for Lunch or Dinner are Garden, Chicken Caesar or Veggie Buffalo Wing Salad

MONDAY 1/1/18	TUESDAY 1/2/18	WEDNESDAY 1/3/18	THURSDAY 1/4/18	FRIDAY 1/5/18	SATURDAY 1/6/18	SUNDAY 1/7/18
Fresh fruit is available at all meals						
<p>Orange Juice Fresh Fruit Pancakes /Sausage Links Oatmeal Assorted Dry Cereal Coffee-Milk-Tea</p> 	<p>Orange Juice Fresh Fruit Assorted Donuts Sausage Patty Cream of Wheat Assorted Dry Cereal Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit Ham and Cheese Omelet Malt-O-Meal Assorted Dry Cereal Toast w/ jelly Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit French Toast / Syrup Applewood Bacon Oatmeal Assorted Dry Cereal Coffee-Milk-Tea</p> 	<p>Orange Juice Fresh Fruit Scrambled Eggs Cream of Rice Cereal Assorted Dry Cereal Toast w/ jelly Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit 2 Sausage Links Sugared Cake Donut Cream of Wheat Assorted Dry Cereal Coffee-Milk-Tea</p> 	<p>Orange Juice Fresh Fruit Ham Patty Cinnamon Coffee Cake Malt-O-Meal Assorted Dry Cereal Coffee-Milk-Tea</p>
<p>Cream Mush. Soup Teriyaki Chicken with Steamed Rice Pork Chow Mein on Steamed Rice Monterey Vegetables Green Beans Assorted Chilled Juices / Fresh Fruit Peach Delight Coffee-Tea-Milk</p> 	<p>Chicken Noodle Soup Stuffed Peppers Grilled Turkey and Swiss on Potato Bread/ Pickle Spear Steamed Cabbage Oriental Blend Vegetables Chateau Vegetables Tropical Fruit Salad Lemon Cookie Coffee-Tea-Milk</p>	<p>Lentil Soup Cheesy Chicken Lasagna Pulled Pork Sandwich / Potato Chips Sliced Carrots Broccoli Fresh Fruit Salad Frozen Yogurt Coffee-Tea-Milk</p>	<p>Corn Chowder Broccoli Cheese Quiche w/ Dinner Roll Rueben Sandwich with Pickle Spear Scandinavian Vegetables Brussels Sprouts Relish Plate Strawberry Gelatin Parfait Coffee-Tea-Milk</p>	<p>Minestrone Soup Taco Pizza Vegetable Lo Mein Green Beans Almandine Diced Beets Cottage Cheese Salad Home Made Ginger Cookie Coffee-Tea-Milk</p> 	<p>Vegetable Beef Soup Egg Salad Sandwich with Pickle Spear Cheeseburger With Pickle Spear Potato Chips Mixed Vegetables Cauliflower Tossed Salad Strawberry Mousse Coffee-Tea-Milk</p>	<p>Chicken and Wild Rice Soup Beef Macaroni Casserole Shaved Turkey Sandwich with Lettuce & Tomato Asparagus Country Blend Vegetables Cinnamon Applesauce M&M Cookie Coffee-Tea-Milk</p>
<p>Cabbage Roll Casserole Chicken Tator Tot Casserole Country Trio Vegetables Sugar Snap Peas Pineapple and Cottage Cheese Salad Strawberry Shortcake Coffee-Tea-Milk</p>	<p>Spaghetti and Meat Sauce Polish Sausage on a Bun Italian Vegetables Cauliflower Tossed Salad Chocolate Pudding Coffee-Tea-Milk</p>	<p>Meat Loaf Liver and Onions Mashed Potatoes/ Gravy Sweet Potatoes Spinach Fruit Cocktail Rice Krispy Bar Coffee-Tea-Milk</p> 	<p>Italian Sausage Sandwich with French Fries Chicken Ala King/ Toast Points Island Blend Vegetables Zucchini and Tomatoes Chilled Pears Carrot Cake Coffee-Tea-Milk</p>	<p>Shepherd's Pie Crunchy-Bakec Fish Baked Potato W.K. Corn Asparagus Coleslaw Vanilla Pudding Coffee-Tea-Milk</p>	<p>Tuna Casserole Chili With Corn Muffin Stewed Tomatoes California Vegetables Creamy Cucumbers Pumpkin Bar Coffee-Tea-Milk</p>	<p>Roast Pork Baked Chicken Augratin Potatoes Peas and Carrots Scandinavian Vegetables Chilled Apricots Dutch Apple Pie Coffee-Tea-Milk</p>

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MONDAY 1/8/18	TUESDAY 1/9/18	WEDNESDAY 1/10/18	THURSDAY 1/11/18	FRIDAY 1/12/18	SATURDAY 1/13/18	SUNDAY 1/14/18
Fresh fruit is available at all meals						
<p>Orange Juice Fresh Fruit Bagel with Cream Cheese 1 Sausage Patty Oatmeal Assorted Dry Cereal Coffee-Milk-Tea</p> 	<p>Orange Juice Fresh Fruit Breakfast Pizza Cream of Wheat Assorted Dry Cereal Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit Breakfast Burrito Malt-O-Meal Assorted Dry Cereal Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit Belgian Waffles Sausage Links Oatmeal Assorted Dry Cereal Coffee-Milk-Tea</p> 	<p>Orange Juice Fresh Fruit Scrambled Eggs Grits Whole Grain Bread Assorted Dry Cereal Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit 2 Sausage Links Sugared Cake Donut Cream of Wheat Assorted Dry Cereal Coffee-Milk-Tea</p>	<p>Orange Juice Fresh Fruit Ham Steak Caramel Roll Malt-O-Meal Assorted Dry Cereal Coffee-Milk-Tea</p>
<p>Cabbage Soup Stuffed Shells and Marinara Sauce Meat Loaf / Baked Potato and Gravy *Spinach Brussel Sprouts Tossed Salad Tropical Fruit Yogurt Parfait Coffee-Tea-Milk</p>	<p>Beef Vegetable Soup Chicken Strips / Potato Wedges Pepperoni and Sausage Calzone Green Beans Whole Kernel Corn Ambrosia Salad Homemade Peanut Butter Cookies Coffee-Tea-Milk</p>	 <p><i>Birthday Wishes</i></p>	<p>Minestrone Soup Chicken Fried Rice / Vegetable Egg Roll Taco Salad Winter Blend Vegetables Key West Blend Vegetables Tomato Cottage Cheese Salad Pecan Pie Coffee-Tea-Milk</p>	<p>Egg Drop Soup 3 Cheese Pizza Chicken Caesar Salad *Broccoli *Spinach Chilled Peaches Black Forest Cake Coffee-Tea-Milk</p>	<p>Tomato Soup Chicken Salad Sandwich Grilled Cheese Sandwich Cauliflower Peas and Carrots Pickled Beet Salad Peach Delight Coffee-Tea-Milk</p> 	<p>Chicken Vegetable Soup Cheeseburger Casserole Chi Town Frank on a Bun / Toppings * Carrots *California Vegetables 3-Bean Salad Cherry Crisp Coffee-Tea-Milk</p>
<p>Beef Stew over Biscuit BBQ Chicken / Garlic Herb Potatoes French Fries Wax Beans Mixed Vegetables Chilled Pears Strawberry Jello Cake Coffee-Tea-Milk</p> 	<p>Black Bean Casserole Turkey Tetrizzini *Cauliflower *Sliced Carrots Mandarin Orange Salad Italian Ice Coffee-Tea-Milk</p>	<p>BBQ Beef on a Bun / Potato Chips Chicken Pot Pie Steamed Cabbage Sliced Beets Marinated Vegetable Salad Frosted Chocolate Cake Coffee-Tea-Milk</p>	<p>Cheddar Steaks / Hash Browns Bacon/Hash Browns/Earth Grain Toast Monaco Vegetables Mixed Vegetables Tossed Salad Orange Gelatin Parfait Coffee-Tea-Milk</p>	<p>Turkey Pasta Primavera Fish Sticks / French Fries Brussels Sprouts Squash Coleslaw Frozen Yogurt Coffee-Tea-Milk</p> 	<p>Manwich Sandwich / Potato Chips Chicken Philly Sandwich/ Potato Chips Green Beans Capri Vegetables Cinnamon Applesauce Butterscotch Cookies Coffee-Tea-Milk</p>	<p>Swedish Meatballs Oven Fried Chicken Garlic Herb Mashed Potatoes Stewed Tomatoes Lima Beans Relish Plate Pistachio Pudding Coffee-Tea-Milk</p>

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MONDAY 1/15/18	TUESDAY 1/16/18	WEDNESDAY 1/17/18	THURSDAY 1/18/18	FRIDAY 1/19/18	SATURDAY 1/20/18	SUNDAY 1/21/18
Fresh fruit is available at all meals						
Orange Juice Fresh Fruit Pancakes / Sausage Links Oatmeal Assorted Dry Cereal Coffee-Milk-Tea	Orange Juice Fresh Fruit Cinnamon Roll Sausage Pattie Cream of Wheat Assorted Dry Cereal Coffee-Milk-Tea	Orange Juice Fresh Fruit Cheese Omelet Toast w/jelly Malt-O-Meal Assorted Dry Cereal Coffee-Milk-Tea	Orange Juice Fresh Fruit Hash Browns and Applewood Bacon Oatmeal Assorted Dry Cereal Coffee-Milk-Tea	Orange Juice Fresh Fruit Scrambled Eggs Grits Assorted Dry Cereal Toast w/ jelly Coffee-Milk-Tea	Orange Juice Fresh Fruit Sausage Links Sugared Cake Donut Cream of Wheat Assorted Dry Cereal Coffee-Milk-Tea	Orange Juice Fresh Fruit Ham Patty Danish Roll Malt-O-Meal Assorted Dry Cereal Coffee-Milk-Tea
Minestrone Soup Baked Spaghetti Turkey Sub Sandwich/ Kettle Chips Broccoli Key West Vegetables Tossed Salad Macaroon Cookies Coffee-Tea-Milk	Cream of Asparagus Soup Veggie Burger / Lettuce & Tomato Chicken and Dumplings Green Beans Stewed Tomatoes Broccoli and Cauliflower Salad Peach Frozen Yogurt Coffee-Tea-Milk	Chicken and Rice Soup Lemon Pepper Tilapia Fish Scalloped Potatoes Pot Roast with Vegetables Corn Brussels Sprouts Marinated Cucumbers and Tomatoes Banana Pudding/ Vanilla Wafers Coffee-Tea-Milk	Cream of Broccoli Soup Smothered Roast Pork Paprika Chicken Mashed Potatoes Steamed Cabbage Asparagus Tossed Salad Tropical Fruit Parfait Coffee-Tea-Milk	Cream of Tomato Soup Tuna Melt on Light Rye Sausage And Mushroom Pizza Baby Carrots Far East Blend Carrot/Celery Sticks Relish Plate Lemon Poppy Seed Cake Coffee-Tea-Milk	Chicken Noodle Soup Beef Tator Tot Hotdish Ham Salad Sandwich Lima Beans Italian Vegetables Chilled Apricots Pound Cake Coffee-Tea-Milk	Cream of Potato Chowder Egg Salad Sandwich Pickle Spear Beef Patty Melt / slaw Cup Mixed Vegetables Green Beans Mandarin Orange Salad Strawberry Yogurt Coffee-Tea-Milk
Meat Loaf /Mashed Potatoes and Gravy Macaroni and Cheese Zucchini Capri Blend Vegetables Pineapple Chunks Tapioca Pudding Coffee-Tea-Milk	Corned Beef / Cabbage Pork Almond Rice Casserole Chateau Blend Vegetables *Squash Tropical Fruit Salad Peanut Butter Bar Coffee-Tea-Milk	Burgundy Beef on Noodles Chicken and Vegetable Stir Fry *Spinach Caribbean Vegetables Cranberry Apple Salad Grasshopper Pie Coffee-Tea-Milk	Beef Tostadas Pigs In A Blanket Scandinavian Vegetables Wax Beans Chilled Fruit Cocktail Frosted Brownies Coffee-Tea-Milk	Chicken Enchilada Lettuce & Tomatoes Swiss Steak / Mashed Potatoes Cauliflower Diced Beets Chocolate Pudding Assorted Juices & Fresh Fruit Coffee-Tea-Milk	Western Potatoes Chicken Sandwich Potato Wedges Monte Carlo Blend Vegetables Peas Cottage Cheese Salad Sugar Cookies Coffee-Tea-Milk	Roast Turkey Chicken Fried Steak Stuffing/Gravy Collard Greens *Sliced Carrots Relish Plate with Cranberry Sauce Peach Cobbler Coffee-Tea-